



Hilltop Residential Facility

Mental Health Services

Hilltop provides mental health services to all youth appropriate and eligible for treatment. Services offered at Hilltop are individual therapy, family therapy, and psychiatric evaluations. These services are provided by ReDiscover Mental Health Center.

Each youth admitted to the Hilltop facility will receive a mandatory psychiatric assessment. The assessment is a non-invasive procedure in which the youth receives a clinical interview as well as review of all pertinent documentation. In some instances, youth will be prescribed medications. **We are obligated to follow the recommendations of the doctor to provide the best treatment necessary to the youth.**

ReDiscover Mental Health Services provides licensed therapists for our residents. These therapists provide both individual and family counseling to residents qualifying for their services. The therapists remain in continuous contact with their client's CMO and the treatment team regarding the progress of residents.

In an attempt to assist some residents to manage their behaviors they may be prescribed psychotropic medication. The only time a resident will be placed on medication of this nature will be after he is evaluated by the psychiatrist.

YOUTH PLACED IN THE HILLTOP PROGRAM ARE UNDER THE JURISDICTION OF THE COURT. THEREFORE, IT MUST BE NOTED THAT WE WILL FOLLOW THE RECOMMENDATIONS PROVIDED BY THE DOCTOR(S) FOR TREATMENT, WHICH COULD INCLUDE MEDICATIONS.